

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: CNB

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: SERVAIS Cyril HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 50M BACKSTROKE MEN

Heat:5, starttime: 09:40

Heat: 5/7 Lane : 4 Athlete: ALVES TORRES PAUL

Q-time: 00:25:02

PB (25m pool): 24.49 Val Parisis 26 Oct 2025

PB (50m pool): 25.70 SB:

	2 5 M	5 0 M	
PB		24.49	
		24.49	
			

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN

Heat:2, starttime: 09:45

Heat: 2/6 Lane : 6 Athlete: RESL DANA

Q-time: 01:07:27

PB (25m pool): 1:07.27 Saint-Dizier (F 12 Oct 2025

PB (50m pool): 1:10.42 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		32.70		1:07.27	
		32.70		34.57	
					

Coach feedback:

Event number: 19: 200M BUTTERFLY MEN

Heat:3, starttime: 10:00

Heat: 3/4 Lane : 6 Athlete: VALENTINI STEFANO

Q-time: 02:09:11

PB (25m pool): 2:08.56 Dudelange 17 Nov 2024

PB (50m pool): 2:13.11 SB:

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		29.00		1:02.02		1:35.37		2:08.56
		29.00		33.02		33.35		33.19
								

Coach feedback:

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Event number: 20: 200M FREESTYLE WOMEN							Heat:3, starttime: 10:10	
Heat: 3/4 Lane : 2 Athlete: REINESCH LEELOO							Q-time: 02:06:72	
PB (25m pool): 2:04.14 Oberkorn 30 Nov 2024				PB (50m pool): 2:08.01 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.68		1:00.09		1:32.45		2:04.14
	28.68		31.41		32.36		31.69	
								

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN							Heat:3, starttime: 10:30	
Heat: 3/6 Lane : 6 Athlete: ALLAR MAUD							Q-time: 01:15:21	
PB (25m pool): 1:10.87 Oberkorn 26 Nov 2023				PB (50m pool): 1:12.39 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		33.38		1:10.87				
	33.38		37.49					
								

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN							Heat:6, starttime: 10:35	
Heat: 6/6 Lane : 4 Athlete: GASPARD FLORINE							Q-time: 01:05:44	
PB (25m pool): 1:05.27 Toronto (CAN) 24 Oct 2025				PB (50m pool): 1:06.89 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		30.62		1:05.27				
	30.62		34.65					
								

Coach feedback:

Event number: 23: 200M MEDLEY MEN							Heat:2, starttime: 10:40	
Heat: 2/4 Lane : 2 Athlete: VALENTINI STEFANO							Q-time: 02:10:58	
PB (25m pool): 2:07.09 Thionville (FRA 23 Nov 2024				PB (50m pool): 2:09.89 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.39		59.12		1:36.69		2:07.09
	26.39		32.73		37.57		30.40	
								

Coach feedback:

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Event number: 23: 200M MEDLEY MEN							Heat:2, starttime: 10:40	
Heat: 2/4 Lane : 4 Athlete: ALVES TORRES PAUL							Q-time: 02:01:43	
PB (25m pool): 2:01.43 Aachen (GER) 12 Oct 2025				PB (50m pool): 2:05.85 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.05		55.21		1:32.24		2:01.43
	26.05		29.16		37.03		29.19	
								

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN										Heat:6, starttime: 10:55	
Heat: 6/6 Lane : 7 Athlete: REINESCH LEELOO										Q-time: 00:28:90	
PB (25m pool): 28.55 Oberkorn 1 Dec 2024										PB (50m pool): 28.36 SB:	
	2 5 M		5 0 M								
PB			28.55								
	28.55										
											

Coach feedback: